

2010-2011

Community Resource Directory



Servicing the communities of:

Abington, Avon, Bridgewater, Canton, Dedham, East Bridgewater, Easton, Foxboro, Franklin, Hanover, Hanson, Holbrook, Mansfield, Middleboro, Norfolk, North Attleboro, Norton, Plainville, Randolph, Raynham, Rockland, Sharon, Stoughton, West Bridgewater, Whitman, Wrentham

Self Help Inc. Community Partnerships for Children

Self Help Inc. is a non-profit (501C-3) Community Action Program and is the lead agency for the four Community Partnership Programs that cover the following towns:

Hockomock: Foxboro, Franklin, Mansfield, Norfolk, N. Attleboro, Norton, Plainville, and Wrentham
Sachem: Abington, East Bridgewater, Middleboro, Rockland, West Bridgewater, Hanover, Whitman, Hanson, Bridgewater, and Raynham
Project SHARE: Avon, Easton, Holbrook, Randolph, and Stoughton
CDS: Canton, Dedham, and Sharon

The four Self Help Inc. CPC (SHI/CPC) programs are funded through the following Early Education and Care (EEC) Grants:

- ***Coordinated Family and Community Engagement Grant***
 - ***Program and Practitioner Support Grant***
 - ***Inclusive Preschool Learning Environments Grant***

The goal of these grants, EEC and of SHI/CPC is to develop a comprehensive, inclusive system of early care and education for families, children (pre-natal thru school-age) and programs. The SHI/CPC programs are committed to providing the services that are the core of this system and delivered at the local level, in the communities we serve.

PROGRAM OBJECTIVES

Coordinated Family and Community Engagement Grant

- Increase knowledge of and accessibility to high-quality early education and care programs and services for families with children prenatal through school-age.
- Promote family education, engagement and literacy.
- Facilitate collaboration and community planning between local early education and care partners and other community stake holders or partners.
- Provide support and information to families with children transitioning between and among early education and care settings, home and school.
- Support early education and care programs across the public and private sectors in delivering high-quality services.

Program and Practitioner Support Grant

- Increase the quality of early education and out of school time programs by successfully supporting and guiding programs through the accreditation process.
- Increase the number of well-trained practitioners in early education and care and out of school time programs.
- Increase the number of practitioners in early education and care and out of school time programs with a related credential or college degree
- Increase the number of programs with effective organizational systems that are led by competent and knowledgeable management.
- Maximize resources for professional development by collaborating with other CPCs, CCR&Rs, two- and four-year institutions of higher education, school districts and others.

Inclusive Preschool Learning Environments Grant

- These funds are state funds (formerly known as Chapter 188/Phase I of CPC) designed to support inclusive preschool learning environments for preschool children with disabilities with their typically developing peers.

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Quick Reference- EMERGENCY

Emergency Contacts

The Address Here Is: _____

Phone # here Is: _____



Police: _____



Fire: _____



Pediatrician Name: _____ Phone#: _____



Poison Control Phone #: _____

Parent(s) Name(s): _____ Cell: _____

Emergency Contact

Name: _____ Phone#: _____

Allergies

Child Name: _____ Allergies: _____

Child Name: _____ Allergies: _____

Child Name: _____ Allergies: _____



MASS 2-1-1 Information and Resource

Still looking for a resource not listed in our directory.....then call 2-1-1 or access their online directory!!



Mass 2-1-1 online directory is an information resource for emergency food, rent, help paying your heating and utility bills, mental health counseling, health programs, public health and safety services, child care referrals, job resources, and other help for individuals, parents and families. Don't have a computer at home? Did you know that your local library has computers available for public use? Please see our listing of local libraries on page 14!!

<http://www.mass211help.org>



Mass 2-1-1 Call Center & Information Referral Line:

- Is an easy to remember telephone number that connects callers to information about critical health and human services available in their community.
- Serves as a resource for finding government benefits and services, non-profit organizations, support groups, volunteer opportunities, donation programs, and other local resources.
- Is a confidential call.
- Maintains the integrity of the 9-1-1 system saving that vital community resource for life and death emergencies.
- Is available 24 hours a day, 7 days a week.
- Is an easy way to find or give help in your community.
- 2-1-1 responds immediately during times of crisis, to field calls regarding the crisis and to direct callers to services most appropriate for their needs.
- If you are unable to reach 2-1-1 due to your telephone or cell phone carrier, a toll-free number is available: 1-877-211-MASS (6277)



State & Federal 1-800 Numbers

Massachusetts Government

CITIZEN INFORMATION SERVICE	1-800-392-6090
SECURITIES DIVISION	1-800-269-5428
BLIND, COMMISSION FOR THE	1-800-392-6450
CONSUMER AFFAIRS & BUSINESS REGULATION, OFFICE OF	1-888-283-3757
DEAF & HARD OF HEARING, COMMISSION FOR THE	1-800-882-1155
DISABILITY DETERMINATION OF MRC	1-800-882-2040
ELDER AFFAIRS, EXECUTIVE OFFICE OF	1-800-882-2003
ENVIRONMENTAL PROTECTION, DEPARTMENT OF	1-800-462-0444
FOOD STAMPS	1-800-645-8333
LOGAN AIRPORT	1-800-23-LOGAN
MBTA : (TOLL CALL)	1-617-222-3200
MASSACHUSETTS REHABILITATION COMMISSION	1-800-223-2559
MASS HEALTH	1-800-841-2900
PUBLIC SAFETY, DEPARTMENT OF	1-800-223-0933
REGISTRY OF MOTOR VEHICLES, MASACHUSETTS	1-800-858-3926
REVENUE, MASACHUSETTS DEPARTMENT OF	1-800-392-6089
TELECOMMUNICATIONS & ENERGY, DEPARTMENT OF	1-800-392-6066

TRANSITIONAL ASSISTANCE, DEPARTMENT OF: WELFARE	1-800-249-2007
VETERANS' SERVICES, DEPARTMENT OF	1-888-844-2838
WOMEN, INFANTS & CHILDREN	1-800-942-1007
WORKERS' COMPENSATION	1-800-323-3249

Federal Government

FEDERAL CONSUMER INFORMATION CENTER	1-800-688-9889
FEDERAL AVIATION ADMINISTRATION	1-202-366-2220 (CONSUMER PROTECTION) 1-866-835-5322
FEDERAL TRADE COMMISSION	1-877-382-4357
INTERNAL REVENUE SERVICE	1-800-829-1040
MEDICARE	1-800-633-4227
NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION	1-888-327-4236 (AUTO SAFETY HOTLINE)
OCCUPATIONAL SAFETY & HEALTH ADMINISTRATION	1-800-321-6742
PEACE CORPS	1-800-424-8580
PENSION BENEFIT GUARANTY CORPORATION	1-800-400-7242
SOCIAL SECURITY ADMINISTRATION	1-800-772-1213
UNITED STATES POSTAL SERVICE	1-800-275-8777
UNITES STATES SMALL BUSINESS ADMINISTRATION	1-800-827-5722
VETERANS AFFAIRS, DEPARTMENT OF	1-800-827-1000

Hotlines & Help Lines

<u>AIDS Hotline:</u> <i>M-F 9 am-5 pm</i>	1-800-235-2331
Information and referral for treatment, support, counseling, and education; anonymous testing sites.	
<u>Alcohol & Drug Helpline</u>	1-800-327-5050 / 617-445-1500 <i>Boston area</i>
Information and referral for substance abuse services: crisis intervention& referrals for inpatient/outpatient treatment and where to go if uninsured.	
<u>Baby Safe Haven</u>	1-866-814-7233
<u>Boston Mayor's Health Line</u>	1-617-534-5050 <i>M-F 9 am-5 pm</i>
<u>Cape Code and the Islands Crisis Line</u>	1-508-548-8900/1-800-893-9900
<u>Child At Risk Hotline</u> <i>Child Abuse Hotline</i>	1-800-792-5200
<u>Child Pornography Tipline</u>	1-800-843-5678
<u>ChildhelpUSA</u> <i>Child Abuse Hotline</i>	1-800-4-A-Child/1-800-422-4453
<u>Elder Abuse Hotline</u>	1-800-922-2275
<u>Hepatitis C Hotline</u>	1-888-443-4372
<u>Massachusetts Missing Persons</u>	1-800-622-5999
<u>Massachusetts Poison Control Center</u>	1-800-682-9211
Emergency number for medical professionals and individuals for advice about drugs, pesticides, and other toxins.	
<u>Massachusetts Smokers' Quit Line</u>	1-800-TRY-TO-STOP
<u>Massachusetts Suicide and Crisis Hotlines</u>	1-800-SUICIDE / 1-800-784-2433 1-800-273-TALK / 1-800-273-8255
<u>National Domestic Violence/Abuse Hotline</u>	1-800-799-SAFE / 1-800-787-3224 <i>TDD</i>
<u>National Runaway Switchboard</u>	1-800-RUNAWAY / 1-800-786-2929
<u>National Teen Dating Abuse Helpline</u>	1-866-331-9474
<u>Parental Stress Line</u>	1-800-632-8188
Support and referrals for parents with children of any age, as well as for other family members, care givers, friends and relatives.	
<u>Rape, Abuse, and Incest National Network (RAINN)</u>	1-800-656-HOPE
<u>Rape Crisis Hotline</u>	1-800-870-5905 <i>English/ 508-799-5700</i> 1-800-223-5001 <i>Spanish</i>
<u>SafeLink</u> <i>Massachusetts Domestic Violence Hotline</i>	1-877-785-2020
<u>Samaritans of Boston Suicide Hotline</u>	1-877-870-4673 / 617-247-0220 <i>Boston</i> 1-508-875-4500 <i>Framingham</i>
<u>Teen Helpline</u>	1-800-252-TEEN (8336)

Legal Services

Greater Boston Legal Services 617-371-1234

Greater Boston Legal Services (GBLS) provides free civil (non-criminal) legal assistance to low-income people in Boston and thirty-one cities and towns. The help GBLS offers ranges from legal advice to full case representation, depending on client need. GBLS traces its roots back to 1900 and the founding of the Boston Legal Aid Society.

<http://www.gbls.org>

MassLegalHelp.org

MassLegalHelp.org is an online resource to assist residents in finding practical information about your legal rights. There is also a search feature to find a low cost lawyer!

www.MassLegalHelp.org

The National Consumer Law Center (NCLC) 617-542-8010

The National Consumer Law Center (NCLC) is the nation's consumer law expert, helping consumers, their advocates, and public policy makers use powerful and complex consumer laws on behalf of low-income and vulnerable Americans seeking economic justice.

<http://www.consumerlaw.org/>

Fuel/Energy Assistance

Mass Energy Consumers Alliance 617-524-3950

Mass Energy is a non-profit organization that both advocates and acts in the marketplace on behalf of consumers and the environment. We have offered discount heating oil since 1982 and now serve 8500 households. We also offer green electricity options and solar energy services. Our advocacy work serves all consumers and our charitable programs benefit low-income households and other nonprofit organizations.

<http://www.massenergy.com/Index.html>

Good Neighbor Energy Fund 508-583-1896

The Massachusetts Good Neighbor Energy Fund has provided energy assistance to hundreds-of-thousands of residents in temporary crisis who are struggling to pay their energy bills and do not qualify for federal or state energy funds.

<http://www.magoodneighbor.org/>

Citizens Energy Corporation 617- 338-6300

Citizens Energy Corporation exists to help make life's basic needs more accessible and affordable. To further this goal, Citizens Energy has created a number of assistance programs that help people afford energy, reduce health care costs, and serve a variety of other social and educational needs.

www.citizensenergy.com

Quincy Community Action Fuel Assistance 617-479-6473

www.qcap.org

Self Help Inc. Fuel Assistance 508-588-5440

www.selfhelpinc.org

Energy Bucks

Energy Bucks is a unique program that aids Massachusetts residents with energy costs. With the help from its sponsors, including NStar, National Grid, Bay State Gas, state agencies, and local community action programs, Energy Bucks provides fuel assistance, utility discount rates, and energy efficiency services to low-income individuals and families in need. For more information on Energy Bucks, please visit its website

<http://www.energybucks.com/index.php?lang=eng>

Food Assistance

SNAP Food Stamps

866-950-3663

The Supplemental Nutrition Assistance Program (SNAP) helps low-income households pay for food so they can have a healthy diet and still have money to pay other bills. SNAP food stamps are for U.S. citizens and eligible noncitizens with limited incomes that buy food and make meals at home. People living in homeless shelters, group homes for people with disabilities, drug and alcohol treatment centers, and subsidized elderly housing are also eligible.

<http://www.mass.gov/snap>

Serve New England

508-436-7663

Serve New England is a program designed to promote [volunteer service](#) by offering deep discounts on the highest quality grocery, meat, and vegetable items to community-minded individuals willing to volunteer 2 hours of their time each month to a worthy cause. We have over 350 [chapter sites](#) located throughout the six New England states.

<http://www.servenewengland.org>



Project Bread

617-723-5000

Project Bread funds 400 food pantries, soup kitchens, and food banks all over Massachusetts. We run the only statewide hunger hotline that answers 35,000 calls a year from families in need. We work with schools to offer breakfast programs, and fund summer programs so that kids get a nutritious meal when school's out. The first Sunday in May each year, we run the oldest continual pledge walk in the country, The Walk for Hunger.

www.projectbread.org

WIC-Women, Infants and Children

800-942-1007

Food, nutrition counseling, and access to health services are provided to low-income women, infants, and children under the Special Supplemental Nutrition Program for Women, Infants, and Children, popularly known as WIC. Most State WIC programs provide vouchers that participants use at authorized food stores. A wide variety of State and local organizations cooperate in providing the food and health care benefits, and 46,000 merchants nationwide accept WIC vouchers

<http://www.mass.gov/wic>

Health Services

Mass Health Services

888-665-9993

Assists families in accessing health services

[http://www.mass.gov/?pageID=eohhs2topic&L=3&LO=Home&L1=Consumer&L2=Insurance+\(including+MassHealth\)&sid=Eeohhs2](http://www.mass.gov/?pageID=eohhs2topic&L=3&LO=Home&L1=Consumer&L2=Insurance+(including+MassHealth)&sid=Eeohhs2)

Children's Medical Security Plan

800-841-2900

The Children's Medical Security Plan (CMSP) is a program that provides certain uninsured children and adolescents with primary and preventive medical and dental coverage. Populations Served CMSP is for children under the age of 19 who are Massachusetts residents at any income level, who do not qualify for MassHealth (except MassHealth Limited), and who are uninsured. The amount a family pays for CMSP coverage is dependent on family size and income. There may be a waiting list to receive CMSP coverage.

<http://www.cmspkids.com/>

Healthy Start

888-488-9161

The Healthy Start Program provides health insurance to low-income, uninsured pregnant women in order to improve access to early, comprehensive, and continuous prenatal care to improve the health of newborns and their mothers

[http://www.mass.gov/?pageID=eohhs2terminal&L=4&LO=Home&L1=Consumer&L2=Insurance+\(including+MassHealth\)&L3=Additional+Insurance+and+Assistance+Programs&sid=Eeohhs2&b=terminalcontent&f=masshealth_consumer_additional_ier_healthystart&csid=Eeohhs2](http://www.mass.gov/?pageID=eohhs2terminal&L=4&LO=Home&L1=Consumer&L2=Insurance+(including+MassHealth)&L3=Additional+Insurance+and+Assistance+Programs&sid=Eeohhs2&b=terminalcontent&f=masshealth_consumer_additional_ier_healthystart&csid=Eeohhs2)

Health Safety Net (HSN)

877-910-2100

The Health Safety Net (HSN) pays acute care hospitals and community health centers for essential health care services provided to uninsured and underinsured Massachusetts residents.

[http://www.mass.gov/?pageID=eohhs2subtopic&L=4&L0=Home&L1=Provider&L2=Client+Eligibility+%26+Benefits+Assistance&L3=Health+Safety+Net+\(HSN\)&sid=Eeohhs2](http://www.mass.gov/?pageID=eohhs2subtopic&L=4&L0=Home&L1=Provider&L2=Client+Eligibility+%26+Benefits+Assistance&L3=Health+Safety+Net+(HSN)&sid=Eeohhs2)

Mass Health Connector

877-623-6765

The Health Connector is an independent state agency that helps you find the right health insurance plan.

<https://www.mahealthconnector.org>

Dental

1-800-DENTIST

Provides dental listings for your area

<http://www.1800dentist.com/>

MassDentists CARE

800-342-8747

The Massachusetts Dental Society's new access program, MassDentists CARE (Combining Access with Reduced Expense), provides qualified children with access to affordable quality dental healthcare services.

<http://www.massdental.org/for-the-public.aspx?id=178>

Low Cost Dental School Clinics

Boston University Dental School 617-638-4700

<http://dentalschool.bu.edu/patients/index.html>

The Forsyth Department of Dental Hygiene 617-262-5200

http://www.mcphs.edu/about_mcphs/mcphs_in_the_community/forsyth_dental_clinic.html

Harvard School of Dental Medicine 617-432-1434, menu option #1

<http://www.harvarddentalcenter.harvard.edu/asp.html/>

Tufts University School of Dental Medicine 617-636-6614

<http://www.tufts.edu/dental/patient/index.html>

Housing

MA Department of Housing and Community Development (Regional Offices)

Region 1 - Metropolitan Boston Housing Partnership (MBHP) (Metro Boston)

617-859-0400

Metropolitan Boston Housing Partnership, Inc.

125 Lincoln Street, Boston, MA 02111

website: www.mbhp.org

Region 3 - South Shore Housing Development Corporation (SSHDC) (South Shore)

781-422-4200

South Shore Housing Development Corp.

169 Summer Street, Kingston, MA 02364

website: www.masshousinginfo.org/ssh

Region 8 - Franklin County Regional Housing & Redevelopment Authority (FCRHA) (Franklin County)

Franklin County Regional Housing & Redevelopment Authority

413-863-9781

42 Canal Road, Turner Falls, MA 01376

website: www.masshousinginfo.org/hra

Massachusetts Affordable Housing Alliance

617-822-9100

<http://www.mahahome.org>

Boston Housing Authority

617- 988-4200

In addition to providing conventional public housing, the Boston Housing Authority also provides affordable housing through the administration of several rental assistance programs. These programs include the federal Section 8 Voucher Program, as well as the state funded Massachusetts Rental Voucher Program that is overseen by the Department of Housing and Community Development.

<http://www.bostonhousing.org/index.html>

City of Boston Rental Housing
Resource Center

617-635-RENT (7368)

<http://www.cityofboston.gov/rentalhousing/>

Boston Redevelopment Authority

617-722-4300

The Boston Redevelopment Authority ("BRA") has made a commitment to create affordable homeownership and rental opportunities in the City of Boston with the intent of promoting public health, safety, convenience, welfare and to continue the expansion of the City's housing stock. The BRA aims to alleviate the impacts of market rate housing on the supply and costs of housing for low and moderate income households.

<http://www.cityofboston.gov/bra/AffordHousing/AHOpps.asp>

Home Modification Loan Program (HMLP) 508-202-5919

The Home Modification Loan Program provides no- and low-interest loans to modify the homes of adults and children with disabilities, and elders

Mass Access

The Mass Accessible Housing Registry is a free program that helps people with disabilities find rental housing in Massachusetts, primarily accessible and barrier-free housing. The database tracks accessible and affordable apartments throughout the state, maintaining information about their availability.

<http://www.massaccesshousingregistry.org/>

BAMSI Housing Service Program

508-580-8700

<http://www.bamsi.org/services/hap.html>

Child Care Services

Massachusetts Department of Early Education and Care

617-988-6600

The Department of Early Education and Care provides financial assistance to some families in purchasing child care. Families may need assistance because of low incomes, medical problems, early parenting, or problems in parenting that put children at risk of abuse or neglect. When funding is available, families who qualify can choose from a variety of care givers. Search for licensed programs in your town online at:

<http://www.eec.state.ma.us/>

Child Care Resource and Referral Network 800-345-0131

<http://www.masschildcare.org/>

Enhanced resource and referral services for families of children with disabilities looking for childcare.

Home Health and Child Care Services

508-588-6070

www.hhcc.org

Community Care for Kids

617-471-6473

www.qcap.org

PACE Child Care Works

508-999-9930

www.paceccw.org

Self Help Inc. (SHI) HEAD START

508-587-1716

www.selfhelpinc.org

SHI Community Partnerships for Children

508-559-1666

www.shicpc.org

Family Services

Department of Transitional Assistance 800-249-2007

The Department of Transitional Assistance (DTA), formerly known as the Department of Public Welfare, is the state agency responsible for administering public assistance programs for needy citizens of the Commonwealth. The Department ensures that the emergency and transitional needs of the individuals and families of the Commonwealth are met through a combination of federal and state funded programs. The department has 25 Transitional Assistance Offices in MA, please visit the website or call to find out the contact information for your town.

<http://www.mass.gov/?pageID=eohhs2constituent&L=2&L0=Home&L1=Consumer&sid=Eeohhs2>

MA Department of Revenue- 800-332-2733 / 617-660-1234
CHILD SUPPORT ENFORCEMENT

www.mass.gov/cse



Household-Clothing-Holiday Assistance

Cradles to Crayons 617-471-8417

Cradles to Crayons pursues a simple mission - to put new and gently-used children's items into the hands of families who need them most. From strollers and car seats to books and clothing, we provide items that enrich the lives of children and the people who love them. Our success in meeting the basic needs of these at-risk children relies on the generous support of families, schools, faith-based and community organizations, local companies, and individuals. Together we make a real difference in the lives of these children and their families who are living in desperate situations.

<http://www.cradlestocrayons.org/C2C/index.php>

The Children's Orchard 800-999-KIDS

If your gently used kid stuff is clean, fashionable, complete, in good working order and less than five years old, we'll buy it, even when it's off-season. All clothing items should be freshly laundered, with no stains, rips, missing parts or excessive fading. It's easier and faster than any garage sale! We take off-season goods all year round. Our Top-Dollar Guarantee: We pay CASH—and we pay more than any other resale store in town that pays you cash. Guaranteed! Get even more when you accept Store Credit!

<http://www.childrensorchar.com/>

Disabilities/Special Education

Early Intervention Services 800-905-TIES (1-800-905-8437)

in Massachusetts is a statewide, integrated, developmental service available to families of children between birth and three years of age. Children may be eligible for EI if they have developmental difficulties due to identified disabilities, or if typical development is at risk due to certain birth or environmental circumstances. To find out which Early Intervention programs serve your area: call Family TIES of Massachusetts at) or visit the Family TIES web site

www.massfamilyties.org/ei/eicity.php

The Federation for Children with Special Needs 800-331-0688 / 617-236-7210

is a center for parents and parent organizations to work together on behalf of children with special needs and their families. We can help! Organized in 1975 as a coalition of parent groups representing children with a variety of disabilities, the Federation operates a Parent Center in Massachusetts which offers a variety of services to parents, parent groups, and others who are concerned with children with special needs.

<http://fcsn.org/index.php>

Elder Services

MA Council on Aging 413-527-6425

Please call to find **Your local Council on Aging**. Among the services and referrals provided are the following: Assessment and Evaluation, Assistance in Your Home, Care Planning, Housing Options, Nursing Homes, Respite Care, Medical Services, Transportation, Public Benefits Counseling, Employment Assistance, Supportive Day and Adult Day Health, Wellness Activities through Evidence-based Programming, Fitness Programs, Recreational Activities, Support Groups, Tax Assistance and Driver Education Programs, Volunteer Opportunities/ Civic Engagement, SHINE (Serving Health Information Needs of Elders), Lifelong Learning, Creative and Performing Arts, Computer Classes and ESL, Nutrition, Application Assistance.

<http://www.mcoaonline.com/>

Elder Affairs Hotline 800-822-2003

Elder Abuse Hotline 800-922-2275

To report neglect, financial problems, psychological, or physical abuse of people 60 years of age or older; counseling and referral services. Additional languages: Spanish

Elder Care Locator 800-677-1116

A nationwide service to help families / friends find information about community resources for older people anywhere in the U.S.

<http://www.eldercare.gov>

A Place for Mom 877-MOM-DAD9 (1-877-666-3239)

A Place for Mom is a free referral service helping families find nursing homes, assisted living, Alzheimer's care, retirement communities, home care, and other senior care options. Our experienced Eldercare Advisors have assisted thousands of families with the difficult task of selecting senior care

<http://www.aplaceformom.com/>

Employment/Job Training

Career Works Center 508-513-3400

At CareerWorks we give job seekers the tools to find the right job, we list available job openings and the skills they require, and we work closely with employers to match prospective employees with available job openings. Let our experienced, highly qualified, and friendly staff assist you in finding the perfect employment match. Most CareerWorks services are offered at no charge

<http://www.careerworks.org/>

Boston Career Link 617-536-1888

Boston Career Link offers a wide array of workforce development and staffing solution services for job seekers and employers, as well as enhanced, individually tailored and customized services. Any individual who wants or needs access to our services is welcome to use them.

<http://www.bostoncareerlink.org/>

Mass One Stop Career Centers 877-872-5627

An extraordinary variety of employment-related services for job seekers and businesses are available at the Commonwealth's network of One-Stop Career Centers. Visit the website to find one near you!

www.mass.gov/careercenters

Employment & Training Resources

Marlborough 508-786-0928, Newton 617-928-0530, Norwood 781-769-4120

Chartered by the Metro South/West Regional Employment Board, ETR is a joint venture of the Metro South/West Employment & Training Administration and the Massachusetts Department of Workforce Development. We have full-service career center offices in Marlborough, Newton, and Norwood, and a satellite office with limited services located at the Framingham Department of Transitional Assistance.

www.etrcc.com/


Public Libraries

Town	Public Library	Address	Phone	Website
Abington	Abington Public Library	600 Gliniewicz Way, Abington MA 02351	781-982-2139	www.abingtonpl.org
Avon	Avon Public Library	280 West Main Street, Avon, MA 02322	508-583-0378	http://www.avonpubliclibrary.org/
Bridgewater	Bridgewater Public Library	15 South St., Bridgewater, MA 02324	508-697-3331	http://www.bridgewaterpubliclibrary.org/
Canton	Canton Public Library	786 Washington St., Canton, MA	781.821.5027	http://www.town.canton.ma.us/library/
Dedham	Dedham Public Library	43 Church St., Dedham, MA 02026 Endicott Branch: 257 Mount Vernon St., Dedham, MA 02026	781-751-9284 781-751-9178	http://library.dedham-ma.gov/
East Bridgewater	East Bridgewater Public Library	32 Union Street, E. Bridgewater, MA 02333	508-378-1616	http://www.sailsinc.org/ebpl/
Easton	Ames Free Library	56 Main Street, N. Easton , MA 02048	508-238-2000	http://www.amesfreelibrary.org/
Foxboro	Boyden Library	10 Bird Street, Foxboro, MA 02035	508 543-1246	www.boydenlibrary.org
Franklin	Franklin Public Library	118 Main Street, Franklin, MA 02038	508-520-4940	
Hanover	Hanover Public Library	534 Hanover Street, Hanover, MA 02339	781- 826-2972	www.hinghamlibrary.org
Hanson	Hanson Public Library	132 Maquan Street, Hanson, MA 02341	781-293-2151	http://hansonlibrary.org/
Holbrook	Holbrook Public Library	2 Plymouth Street, Holbrook, Massachusetts 02343	781-767-3644	
Mansfield	Mansfield Public Library	255 Hope Street, Mansfield, Massachusetts 02048	508-261-7380	http://www.sailsinc.org/mansfield/
Middleboro	Middleboro Public Library	102 North Main Street, Middleboro, MA 02346	508-946-2470	www.midlib.org
Norfolk	Norfolk Public Library	139 Main Street, Norfolk, MA 02056	508- 528-3380	http://library.virtualnorfolk.org/
North Attleboro	Richards Memorial Library	118 North Washington Street, North Attleboro, MA 02760	508-699-0122	http://www.rmlonline.org/
Norton	Norton Public Library	68 East Main Street, Norton, MA 02766	508-285-0265	www.nortonlibrary.org
Plainville	Plainville Public Library	198 South St., Plainville, Massachusetts 02762	508-695-1784	http://www.plainvillepubliclibrary.org/
Randolph	Turner Free Library	2 North Main Street, Randolph, MA 02368	781-961-0932	http://www.townofrandolph.com/Public_Documents/RandolphMA_Library/index8
Raynham	Raynham Public Library	760 South Main Street, Raynham, MA 02767	508-823-1344	http://raynhampubliclibrary.org/
Rockland	Rockland Memorial Library	20 Belmont Street, Rockland, MA 02370	781.878.1236	http://www.rocklandmemoriallibrary.org/
Sharon	Sharon Public Library,	11 North Main Street, Sharon, MA 02067	781- 784-1578	http://www.sharonpubliclibrary.org/
Stoughton	Stoughton Public Library	84 Park Street, Stoughton, MA 02072	781-344-2711	http://www.stoughton.org/library/spl.html
West Bridgewater	WEST BRIDGEWATER PUBLIC LIBRARY	80 Howard Street, West Bridgewater, MA 02379	508-894-1255	http://www.sailsinc.org/westbridgewater/
Whitman	Whitman Public Library	100 Webster Street, Whitman, MA 02382	781-447-7613	http://www.whitmanpubliclibrary.org/
Wrentham	Fiske Public Library	110 Randall Rd., Wrentham, Ma 02093	508-384-5440	http://fiskelib.org/



Counseling Services/Mental Health

Child Witness to Violence Project 617-414-4244

The Child Witness to Violence Project (CWVP) is a counseling, advocacy, and outreach project that focuses on the growing number of young children who are hidden victims of violence: children who are bystanders to community and domestic violence.

<http://www.childwinesstoviolence.org/>

The Home for Little Wanderers 617-267-3700

The Home for Little Wanderers (The Home) is a nationally renowned, private, non-profit child and family service agency. It is the oldest organization of its kind in the nation and the largest in New England (click here for a more detailed [History](#)). Each year, The Home serves thousands of children and families through a system of residential, community-based and prevention [programs](#), direct care services, and [advocacy](#). The mission of The Home is to ensure the healthy emotional, mental, and social development of children at risk, their families, and communities.

<http://www.thehome.org>

South Bay Mental Health 508-580-4691 (Brockton)/ 508-223-4691 (Attleboro)

A comprehensive mental health clinic providing community based and home based service to people of all ages throughout South Eastern Massachusetts.

www.southbaymentalhealth.com

South Shore Mental Health 800-852-2844

SSMH is a private, non-profit comprehensive behavioral healthcare organization providing mental health and substance abuse services for people of all ages throughout the South Shore, Plymouth Area and Cape Cod.

<http://www.ssmh.org/index.html>

Project Joy 617-266-4569

Project Joy is a 501 c(3) non-profit organization dedicated to fostering the healthy development of young children who are at risk. Through innovative training retreats, Project Joy provides teachers and childcare providers with the resources they need to strengthen and heal their children through play.

<http://www.projectjoy.com/>

The Trauma Center 617- 232-1303

The Trauma Center provides outpatient mental health services as a satellite clinic of the Sidney Borum, Jr. Health Center of Justice Resource Institute. Clinic services are reimbursable through self-pay, Victim's Compensation Fund (visit mass.gov for details), MassHealth administered through the Massachusetts Behavioral Health Partnership (MBHP), and Tufts Health Plan. Clients with out-of-network insurance benefits may also qualify for services.

www.traumacenter.org



Domestic Violence/Abuse

MA Department of Children and Families 1-800-792-5200

The Department of Children and Families (DCF) is the Massachusetts state agency charged with the responsibility of protecting children from child abuse and neglect. To report abuse or neglect, call the Child-at-Risk Hotline anytime of the day or night.

www.mass.gov/dcf

Massachusetts Society for the Prevention of Cruelty to Children (MSPCC) 617- 587-1500

MSPCC is a private, nonprofit society with a legacy of strengthening families and preventing child abuse through essential child welfare and mental health treatment and effective public advocacy. Incorporated in 1878, MSPCC serves children and families across Massachusetts with an unmatched range of services designed to respond to the individual needs of infants, children, adolescents and their families. We operate by these core principles:

www.mspcc.org

Child at Risk Hotline

800-792-5200

To report child abuse; follow up services include crisis intervention and emergency services, counseling, protective childcare, parent aide services, substitute care and case management.

**Domestic Violence Sexual Assault
En Espanol**

508-588-8255
800-223-5001

Battered Woman's Hotline

800-799-7233

Massachusetts Office for Victim Assistance 617-727-5200

The Massachusetts Office for Victim Assistance (MOVA) is an independent state agency devoted to upholding and advancing the rights of crime victims. We strive to provide innovative victim advocacy through outreach and education, policy and program development, direct service, legislative advocacy, and grants management. Programs run by MOVA offer free services to crime victims.

<http://www.mass.gov/mova/>

Parental Stress Line

800-882-1250

Telephone counseling and referrals to confidential support groups for parents.

New Hope

800-323-HOPE (4673)

We offer a variety of individual and family support services through five complementary programs. We are a non-profit human service agency with over 28 years of experience in assisting people in crisis and delivering innovative quality service. The Domestic Violence/Rape Crisis services provide comprehensive help to survivors of domestic violence/rape.

New Hope – Respect Program

877-222-0083

RESPECT is an intervention program for people who abuse their partners. The goal is to help them end their violence by holding them accountable for their own behavior.

**Women's Place Crisis Center- (and Rape Crisis & Domestic Violence Services)
Brockton, MA**

Women's Place offers emergency shelter, crisis intervention, individual counseling, group counseling, legal advocacy, and community education. They provide hotline services 24 hours a day, 7 days a week for survivors of Domestic Violence and sexual assault. All services are free. Also provides information, referrals and workshops to women, students and the community. Also offers a resource library. Open September through June.

Main	1-508-588-2045
Sex Assault	1-508-588-8255
En Espanol	1-800-223-5001
Domestic Violence	1-508-588-2041

 **Parenting Support/Education**

Parents Helping Parents-

617-926-5008

For over 35 years Parents Helping Parents has been a place for Massachusetts parents and caregivers to reach out for support. We know that parents need support for themselves in order to support their children. All services are [free, confidential, and anonymous](#). Parents call the [Parental Stress Line](#), a 24-hour parent helpline, and attend weekly [Parent Support Groups](#) for ongoing parent support. No parenting problem is too big or too small to reach out for help.

<http://www.parentshelpingparents.org/>

Keeping Pace with Multiple Miracles (KPMM) 508-559-0040

Keeping Pace with Multiple Miracles (KPMM) provides a wide range of services to assist families with multiples. KPMM is in constant contact with families expecting multiples and it is a vital resource for these families. Constant contact provides support that families expecting multiples desperately need. KPMM serves its members from a quaint building in West Bridgewater, Massachusetts. The building contains a store, supply pantry, and a private room for mothers
www.keepingpace.org

Massachusetts Society for the Prevention of Cruelty to Children (MSPCC) 617-587-1500

MSPCC is a private, nonprofit society with a legacy of strengthening families and preventing child abuse through essential child welfare and mental health treatment and effective public advocacy. Incorporated in 1878, MSPCC serves children and families across Massachusetts with an unmatched range of services designed to respond to the individual needs of infants, children, adolescents and their families. We operate by these core principles:
www.mspcc.org

**Text4baby Text BABY to 511411
Envia BEBE al 511411 para Español**

Text4baby is a free mobile information service designed to promote maternal and child health. An educational program of the National Healthy Mothers, Healthy Babies Coalition (HMHB), text4baby provides pregnant women and new moms with information they need to take care of their health and give their babies the best possible start in life. Women who sign up for the service by texting BABY (or BEBE for Spanish) to 511411 will receive free SMS text messages each week, timed to their due date or baby's date of birth.

www.text4baby.org

**MA Department of Children and Families 800-792-5200 / Brockton 508-894-3700
Taunton 508-821-7000**

The Department of Children and Families (DCF) is the Massachusetts state agency charged with the responsibility of protecting children from child abuse and neglect. To report abuse or neglect, call the Child-at-Risk Hotline anytime of the day or night.

www.mass.gov/dcf

First Steps 617-624-60177

Provide referrals to home visiting programs for parenting education, support, child health and developmental screenings and other services. Programs are located in certain communities; some programs offer other languages.

North River Collaborative 781-878-6056

www.northrivercollaborative.org

Self Help/Family Parenting Center 508-559-8821

 Adult Education/Literacy

Brockton Adult Learning Center 508-580-7475

Stoughton Adult Basic Education Program 508-588-9100 x1301

The Literacy Center-North Attleboro 508-226-3603

The Literacy Place in Bridgewater, Inc. 508-697-9099

Literacy Volunteers of America-Morrill 781-769-4599



Getting Around

MBTA

617-222-6020

<http://www.mbta.com/>

Brockton Area Transit Authority (508) 588-1000

Service is offered seven days a week. Weekday service to the MBTA's Ashmont Station begins at 4:50 a.m. and ends at 12:30 a.m. Weekday service in the City of Brockton and neighboring communities begins at 6:00 a.m. and ends at 9:00 p.m. with reduced service on Saturdays and limited Sunday service.

www.ridebat.com/



We at Self Help Inc. Community Partnerships for Children hope that the resources contained in this directory assist you and your family.

If you need additional help at any time, please contact us at:

Self Help Inc., Community Partnerships for Children

780 West Main Street

Avon, MA 02322

Phone: 508-559-1666 x128 or x126

Email: cpc@selfhelpinc.org

Website: www.selfhelpinc.org

If you discover any great resources NOT listed, or have any other comments about this directory, please contact us by one of the means above!